

# Lombardia Trophy 2010

Organized by



**Sesto San Giovanni (Milano) Italia**

23-26 September 2010



**Club affiliato alla Federazione Italiana Sport Ghiaccio**

***Interclub Competition for Single Senior Junior, Novice,  
Debs, Springs , Cubs - Junior and Novice Pairs***

**Sesto San Giovanni (Milano) Italia 23-26 September 2010**

**1. General**

The Lombardia Trophy 2010 is an Interclub Competition. It will be conducted in accordance with the ISU Constitution and General Regulations

**Organizer:** **Club: Sesto Ice Skate**

**Place:** Palasesto  
P.za Primo Maggio  
20099 Sesto San Giovanni ( Milano)  
(competition-ice-rink, 60 x 30 m)

Phone: +39 0226229988  
Phone: +39 3478730226 (English speaking info)  
Fax: +39 0224860344  
Cell : + 39 3392281529 or  
e-mail: segreteria@sestoiceskate.it

**Date :** **23-26 September 2010**

**Entries** Each ISU Member or Club may enter:

- max. 2 skaters and may nominate 1 substitute per categories Novice, Junior and Senior,
- max. 1 skater and may nominate 1 substitute per categories Debs, Springs and Chicks
- Once the number of entries is closed ,it will be decided if substitutes may be entered as well. The decision will be forwarded to the concerned Member or Club. Entries by names are to be sent to the Organizing Committee:

**Sesto Ice Skate**  
**Mrs. Anna Grandolfi**  
**c/o Palasesto P.za Primo Maggio**  
**20099 Sesto San Giovanni ( Milano)**  
**Fax: + 39 0226263773**  
**e-mail: segreteria@sestoiceskate.it**

**Close of Entries: August 15th 2010**

**The Organizing Club reserves the right to allow more then the allowed skaters from foreign Clubs**

**Charges:** € 50 per participant to be paid at accreditation

**Expenses of competitors:** The Organizing Committee will not cover any expenses for competitors.

**Entries of Officials:** Each participating ISU Member or Club is allowed to nominate a national or international TS,TC or Judge. The final composition of the panels will be communicated to the participating ISU Member or Club at the beginning of the competition.

**Costs of Officials:** The Organizing Committee will cover accommodation for invited officials. Meals for all officials will be provided at the ice-rink during the days of competition.

**Time-Schedule:** The competition will start on Thursday 23 September and will be finished on Sunday, September 26. Some participants may have to arrive on Wednesday September 23. A detailed Time-Schedule will be sent to all participating ISU Members and Clubs after the deadline of entries.

**Accommodation:**

The Organizing Committee will make the room arrangements for invited TS, TC, Referees and Judges only.  
Participants, Coaches and other Team members have to book accommodation individually. Hotel reservations can be done at :

***Sesto San Giovanni***

**[Hotel Abacus](#)**

Sesto San Giovanni – Via Monte Grappa n° 39 – Tel 02/26225858  
**In front of Ice rink**

**[Hotel St. John](#)**

Sesto San Giovanni – Via Buozzi, 97 – Tel . 02/2405641

**Hotel Europa**

Sesto San Giovanni – Via Firenze, 49 – Tel. 02/26225497

**Hotel Nuovo**

Rondò Sesto San Giovanni – Via Solferino, 5 – Tel. 02/22472558

**Hotel Bert**

Sesto San Giovanni – Via R. Del Riccio, 200 – Tel. 02/2482948

**Grand Hotel Barone di Sassj**

Via Padovani 38, - 20099 Sesto San Giovanni (MI)  
Tel.: +39 0224114.01 - Fax: + 39 02 24114000

<http://www.caltahotel.it/>

***Cinisello Balsamo***

**[Hotel Re](#)**

Cinisello Balsamo – Via Milanese 302 – Tel. 02/2412491

**Hotel Millenium**

Cinisello Balsamo – Viale Romagna, 33 – Tel. 02/61818412

**[Hotel YORK](#)**

Cinisello Balsamo – V.le Marche, 19 – Tel. 02/6170281

**Technical details**

**Category Senior Ladies and Men**

**Age Requirements** :In accordance to ISU Technical Rules

**Short Program:**

Duration: max. 2.50 min

Required elements according to ISU Technical Rules

**Free Program:**

**Ladies:** Duration: 4 min +/- 10 sec **Men** : Duration :4,30 min. +/- 10 sec

**Category Juniors Ladies and Men**

**Age Requirements:** according to ISU Constitution and General Regulations

**Well balanced Program:** In accordance to ISU Special Regulations

**Short Program:**

Duration: max. 2.50 m

Required elements according to ISU Technical Rules

**Free Program:**

**Ladies:** Duration: 3,30 min +/- 10 sec **Men** : 4 min. +/- 10 sec

**Category Novice Ladies and Men**

**Age requirements:**

Novice Girls A : before July1st 2010must not havereached the age of 14

Novice Girls B : before July1st 2010must not havereached the age of 15

Novice men : before July1st 2010must not havereached the age of 15

In accordance to ISU Communication No. 1397 Guidelines for Novice Competitions

**Short Program:**

Duration: max. 2. 30 min

**Free Skating:**

Duration: **Girls:** 3 min +/- 10 sec **Boys:** 3 ½ min +/- 10 sec

**Category Junior Pairs**

**Age Requirements:**

according to ISU Constitution and General Regulations

**Short Program:**

Duration: max. 2.50 min

Required elements according to ISU Technical Rules

**Free Program:**

Duration: 4 min +/- 10 sec

Required elements according to ISU Technical Rules

**Category Novice Pairs**

**Age Requirements:**

according to ISU Communication 1397 Guidelines for Novice

**Short Program:**

Duration: max. 2.30 min

Required elements according to ISU Communication 1397

**Free Program:**

Duration: 3.30 +/- 10 sec Communication 1397

Required elements according to ISU Communication 1397

**Category Debs Girls and Boys**

**Age requirements:**

before July 1st 2010 must not have reached the age of 13

**Free Skating:**

Duration : 3 min +/- 10 sec

- max. 6 jump elements (1Axel type), which may contain max. 3 jump combinations or sequences, of which max. 1 jump-combination of 3 and max. 2 jump-combinations of 2 jumps
- 1 spin with only 1 position ( min 5 rev )( with or without change of foot)
- 1 combination spin with or without change of foot ( min 6 rev )
- 1 Flying spin (min 5 revolutions)(no change of foot and no change of position)
- 1 step sequence of free choice

- Ladies : one spiral sequence (like ISU Communication 1619 for senior ladies)
- Men: one second step sequence ( like ISU communication 1619 for senior men )

**Repetition of jumps : single, double and triple jumps A,S,F,Lz can be repeated a maximum of two times and if repeated they must be in combination.**

**Single, double and triple T and Lo can be executed more than two times but only as second or third jump of combinations or sequences.**

#### **FALL DEDUCTION 0.5**

**BONUS for JUMPS : Every jump identified as 2A , and all other jumps with higher basic value, will receive a bonus of one point. In order to receive a bonus the jump must NOT be downgraded or underrotated and must not have an asterix. The bonus is assigned by the specialist and confirmed by controller and is added to the technical element score**

#### **Category Springs Girls and Boys ( A and B )**

##### **Age requirements:**

**Springs A** : before July1st 2010 must not have reached the age of 11

**Springs B** : before July1st 2010 must not have reached the age of 12

**Springs Boys** : before July1st 2010 must not have reached the age of 12

**Free Skating:** Duration : max 3 min

- max. 6 jump elements (1Axel type), which may contain max. 3 jump combinations or sequences, of which max. 1 jump-combination of 3 and max. 2 jump-combinations of 2 jumps
- 1 spin with only 1 position ( min 5 rev )( with or without change of foot )
- 1 combination spin with or without change of foot ( min 5 rev )
- 1 Flying spin (min 5 revolutions)( no change of foot and no change of position)
- 1 step sequence of free choice
- Ladies : one spiral sequence ( ISU Communication 1619 for senior ladies)
- Men: one second step sequence ( ISU communication 1619 for senior men )

**Repetition of jumps : single, double and triple jumps A,S,F,Lz can be repeated a maximum of two times and if repeated they must be in combination: single, double and triple T and Lo can be executed more than two times but only as second or third jump of combinations or sequences.**

#### **FALL DEDUCTION 0.5**

**BONUS for JUMPS :** Every jump identified as 2A , and all other jumps with higher basic value, will receive a bonus of one point. In order to receive a bonus the jump must NOT be downgraded or under rotated and must not have an asterix. The bonus is assigned by the specialist and confirmed by controller and is added to the technical element score.

**BONUS for JUMP COMBINATIONS:** any combination of two or more than two double or more difficult jumps will receive a bonus of one point. In order to receive the bonus all jumps in the combination must be valid ( no downgrade or under rotated or asterix )

The bonus is assigned by the specialist and confirmed by controller and is added to the technical element score

### **Category Cubs Girls and Boys (A and B)**

#### **Age requirements**

**Cubs A :** before July1st 2010 must have reached the age of 8 and not reached

**Cubs B :** before July1st 2010 must have reached the age of 9 and not have reached the age of 10

**Cubs boys :** before July1st 2010 must not have reached the age of 10

**Free Skating:** Duration: max. 2 min. 30 sec

- max. 6 jump elements (1Axel type or Waltz Jump\*), which may contain max. 3 jump combinations or sequences, of which max. 1 jump-combination of 3 and max. 2 jump-combinations of 2 jumps

- 1 spin with only 1 position, with or without change of foot ( flying entrance possible)  
( min. 3 rev.)

- 1 spin different from the first one ( flying entrance possible)

- 1 step sequence

**\*Waltz Jump in this category is considered an Axel type jump and is identified by the TS. The abbreviation is W.**

#### **FALL DEDUCTION 0.5**

**attention!!!!!! LEVELS :** only level one and two are possible in this category

**REPETITION OF JUMPS :** single, double and triple jumps A,S,F,Lz can be repeated a maximum of two times and if repeated they must be in combination.

Single, double and triple T and Lo can be executed more than two times but only as second or third jump of combinations or sequences.

**BONUS for JUMPS :** Every jump identified as 2F, 2Lz,2A and all other jumps with higher basic value will receive a bonus of one point. In order to receive a bonus the jump must NOT be downgraded or under rotated and must not have an asterix. The bonus is assigned by the specialist and confirmed by controller and is added to the technical element score

**BONUS for JUMP COMBINATIONS:** any combination of two or more than two double or more difficult jumps will receive a bonus of one point. In order to receive the bonus all jumps in the combination must be valid ( no downgrade or under rotated or asterix )  
The bonus is assigned by the specialist and confirmed by controller and is added to the technical element score

### Scale of Value category CUBS

	+3	+2	+1	Base	-1	-2	-3
<b>W</b>	<b>1.3</b>	<b>0.9</b>	<b>0.6</b>	<b>0.3</b>	<b>0.2</b>	<b>0.1</b>	<b>0.5</b>
<b>1 A</b>	<b>2.7</b>	<b>2.2</b>	<b>1.7</b>	<b>1.2</b>	<b>1.0</b>	<b>0.8</b>	<b>0.6</b>
<b>STSQ lev 1 SI/Ci/Se St lev 1</b>	<b>2.7</b>	<b>2.2</b>	<b>1.7</b>	<b>1.2</b>	<b>1.0</b>	<b>0.8</b>	<b>0.6</b>
<b>STSQ lev 2 SI/Ci/Se St lev 1</b>	<b>2.9</b>	<b>2.4</b>	<b>1.9</b>	<b>1.5</b>	<b>1.2</b>	<b>1.0</b>	<b>0.8</b>

### COMPONENTS for DEBS, SPRINGS, CUBS

Only three components will be valued in these categories :

- 1)Skating Skills
- 2)Performance /Execution
- 3)Transition/ Choreography and Interpretation

The factors will be as follows :

Category	F/M	SS	PE/EX	TR/CH/INT
Debs	Girls	2.00	1.30	1.00
	Boys			

Category	F/M	SS	PE/EX	TR/CH/INT
Debs	Girls	2.70	2.20	1.60
	Boys			
Springs and Cubs	Girls	2.50	2.00	1.30
	Boys			

### **Music**

All Competitors shall furnish competition music of excellent quality on CD. All disks must show Competitors name, the Nation and the exact running time of the music, and must be submitted at the time of accreditation.

### **Accreditation**

The official accreditation will be at the Ice Rink.

Accreditation will be given to all Competitors, Judges, Coaches and Chaperons.

### **Results**

The calculation of results will be done according to ISU Technical Rules

### **Awards**

The first three best placed competitors in each event will be awarded by Medals at the end of the competition.

### **Liability**

According to the rule 119 the Organizing Committee accepts no liability for bodily and personal injury, or for property loss or damage incurred by Competitors and Officials. Each ISU Memberis expected to provide its own insurance protection. The O.C. will provide emergency medical services for all invited Officials and Competitors during the competition.

Sesto Ice Skate  
Luglio 2010

Anna Grandolfi  
*Chair Figure Skating*